

Make your own pet snuffle mat

Snuffle mats turn mealtime into a sniff-and-search treasure hunt, and pets love them. They're perfect for keeping your dog or cat entertained indoors. Here's our DIY version, using items you've already got at home.

- ✓ A DIY boredom-buster for dogs and cats
- ✓ Mental stimulation
- ✓ Adds interest to meal times
- ✓ No sewing required

What you'll need

- ✓ 1 reusable fabric shopping bag or piece of cardboard
- ✓ Old fleece clothes, tea towels or t-shirt
- ✓ Scissors
- ✓ Dry kibble or treats
- ✓ One curious, snack-obsessed pet

Instructions

1 Cut up your fabric

Cut your fabric into strips about 2–3cm wide and 20–25cm long. Roughly 40–60 strips is a good amount.

2 Prep your base

Cut the flat side off your reusable bag. Snip small slits in a grid across the fabric, spaced a few centimetres apart. *No bag? Use cardboard and poke holes, using a metal skewer.*

3 Thread and knot

Thread a strip through two slits and tie a simple knot. Keep going until your mat looks shaggy and full.

4 Add treats

Hide kibble or dry treats between the fabric strips. Keep it easy for beginners, or tuck them deep for a bigger challenge.

Pop the mat on the floor and let your pet get to work. Sniffing, foraging and tail-wagging guaranteed.

Safety first

Shake out crumbs after each use and wash regularly. Always supervise play – *especially if your pet is under 18 months old or prone to chewing.*

